



Forest School Home Learning Pack: Magical Themed

We have been absolutely amazed with the requests of the previous packs and want to thank you for supporting Primary Forest School. We sent out over 2000 packs worldwide and have received lots of photos too. If you have received a previous pack, it's never too late to send your feedback into us. You can do this by emailing a member of the team, leaving a review on Facebook or messaging us on Facebook.

This time the pack is magical themed. Inside the pack are ideas for you and your child(ren) during the lockdown period. We have generalised activities so that we offer all children the same regardless of age, you may find some activities are more suited to your child(ren) than others but all are worth a try!

Magical Home Learning Pack includes:

5 Classic Forest School Activities

3 Maths related Activities

3 Science related Activities

3 Health and Wellbeing activities

We will be frequently posting new ideas and information on our Facebook and website if you need more inspiration for activities. If you enjoy doing these activities please share your feedback and experiences with us - we'd love to hear from you.

Please stay safe during these activities and adult supervision is advised at all times but let the children lead the activities - if you end up off task that's brilliant! See where their imagination takes you...

We look forward to catching up with the children upon the phased return to the school.



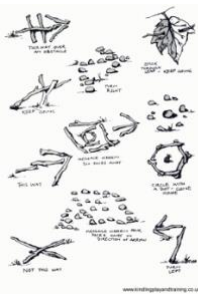


Sending Our Best Wishes from,
Ellen Blackwood and Primary Forest School Staff

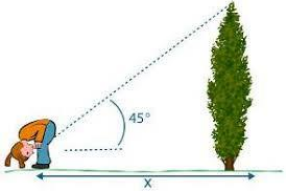


EXPLORE LEARN GROW




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	Activities	Resources Required	Potential Risks	Impact
1. Ink and Feather Quills 	Collect feathers and ink resources. Cut the feather point diagonally and dip in dyes to use as ink. Try and scribe onto paper. Which ink is best? Can you write your name?	Feathers, watery mud, blackberries, beetroot, paper	Nil by mouth, use of natural dyes, sharp feather edge	Children to practise letter formation and experiment with creating writing resources.
2. Magic Wands 	Find a stick and decorate how you think best suits you - remember the wand chooses the wizard! Use your wand to cast spells, make up your own and see what magical fun you can have!	Stick, if wanted - pipe cleaners, feathers, paint, thread	Use of sticks	Children to create a magical wand to cast spells and use imagination creatively.
3. Treasure Maze or Trail 	Use sticks to make arrows, tie material in trees or choose your own way to show the way along a trail. Or make a maze using stones and see which family member can solve it or leave your trail for someone else to follow!	Sticks, stones or other natural items.	Use of sticks or stones, be careful of eyes	Children to learn left/right and follow simple directions.
4. Fairy Tea Party 	Use the help sheet included for lots of ideas for hosting a fairy tea party.	Lolli-pop sticks for door, small natural items for tea party	Contact with harmful items while collecting	Children to role-play at a tea party hosting for fairies or other small magical woodland creatures.
5. Mud Monster 	Make a mud monster from clay or mud. Use fine motor skills to shape and natural items for details such as eyes. Why not make a body too? Does your monster fly? Does it have any magical powers? And a name?	Clay desired but can be created with mud and natural items e.g. leaves, sticks, stones	Contact with harmful items while collecting	Children to create a magical feature using fine motor skills.

Maths	Activities	Resources Required	Potential Risks	Impact
1. Tree Giants 	Use the help sheet included to complete this simple maths activity.	You, trundle wheel if possible.	Uneven surfaces	Children to learn to measure using different units.
2. Broom Stick Races 	Find a large stick. You can tie smaller sticks to the end for a more authentic look if desired. Mount your broom and see who can fly the fastest. Get a stop watch and time who can complete the course the fastest!	Large stick, string and small sticks if wanted	Running with sticks, Uneven ground, use of sticks	Children to complete physical activity and learn use of stop watch and time
3. Potions 	Get your (KS1) wizard to follow a recipe. E.g. 3 leaves, 2 pink petals. See what concoctions they come up with too... do the potions have magical powers? Don't forget to share your magic with the garden when you've finished!	Cup or container for potion, water, natural items e.g. petals, leaves	Contact with harmful items while collecting	Children to follow quantities and create their own potions.

Science	Activities	Resources Required	Potential Risks	Impact
1. Grow a Rainbow 	Use the help sheet included to grow your own rainbow.	Kitchen paper, felt tip pens, two cups of water	Ink from pens, use of water	Children to complete and observe and explain (KS2) an experiment.
2. Mini Nature Reserve 	Fill your container with soil. Using the yoghurt pot push into the soil and use stones to secure if you wish. Fill the yoghurt pot with water for a mini pond. Use stones, moss and other natural items to fill your nature reserve. Put it somewhere safe outside and watch for visitors and any changes too!	Container (bucket/ washing up bowl, Soil, stones, yoghurt pot, small natural items	Contact with harmful items while collecting	Children to create a nature reserve and record changes over time
3. Jumbo Bubbles 	Use two sticks and tie strong/ rope to each. Repeat with another slightly longer piece of string or rope. Dip the string into the container filled with water and washing up liquid and lift into the air, you may need to move or run a little too!	2x Sticks, string, rope, washing up liquid, water, container	Use of water, mixture in eyes	Children to experiment how to make the biggest bubbles

Health and Wellbeing	Activities	Resources Required	Potential Risks	Impact
<p>1. Mindfulness Glitter</p>  <p>Jar</p>	<p>Use help sheet included to make your own mindfulness glitter jar. Why not use it as a crystal ball and see what you can see?</p>	<p>Jar with lid, water, PVA glue, Glitter, food colouring</p>	<p>Use of water and glue, Spillage of mixture</p>	<p>Children to create a calming resource.</p>
<p>2. Magical Lair</p> 	<p>Every child copes differently and sometimes they need their own space. Work with them to create their own magical lair. This might be outside, or inside the house - somewhere for them to escape to.</p>	<p>A suitable independent location.</p>	<p>Child alone with no direct supervision</p>	<p>Children to have an escape to their individual place.</p>
<p>3. Magical Mood Changers</p> 	<p>Fill a sensory box with natural items. Talk about different types of feelings and associate a feeling with an object. Pinecone is hard and bumpy = Angry. Feather is soft and gentle = sleepy. Using this sensory mood box can help children express how they feel.</p>	<p>Natural items, shoe box or basket equivalent</p>	<p>Contact with harmful items while collecting</p>	<p>Children to distinguish items with feelings. Possible expression technique.</p>

Fairy Tea Party

<p>Invitations</p> 	<p>Design and write some invitations to your fairy friends, don't forget to include a time, date and where!</p>
<p>Decorations</p> 	<p>What could you use as decorations? Thread some leaves as bunting? Or maybe a flower garland? Use stones to make a pretty pattern to feature at the party?</p>
<p>Table</p> 	<p>What are you going to use for your fairy table? A big stone? A bit of wood? Are you going to have a table cloth?</p>
<p>Food and Drink</p> 	<p>Make them fairy soup using the prettiest petals? Why not craft some tasty hamburgers from mud for main? And Or maybe to finish a berry surprise for dessert? Or maybe just the classic tea and cake? What are you going to serve?</p>
<p>Plates and cups</p> 	<p>Could you use any natural items you find for fairy table ware? Plates, cups, knives and forks may be needed too!</p>

Tree Giants

Step 1. Choose a tree to measure.

Step 2. Stand with your back to the tree and look through your legs.

Step 3. Move further away or closer from the tree until you can see the tip of the tree through your legs.

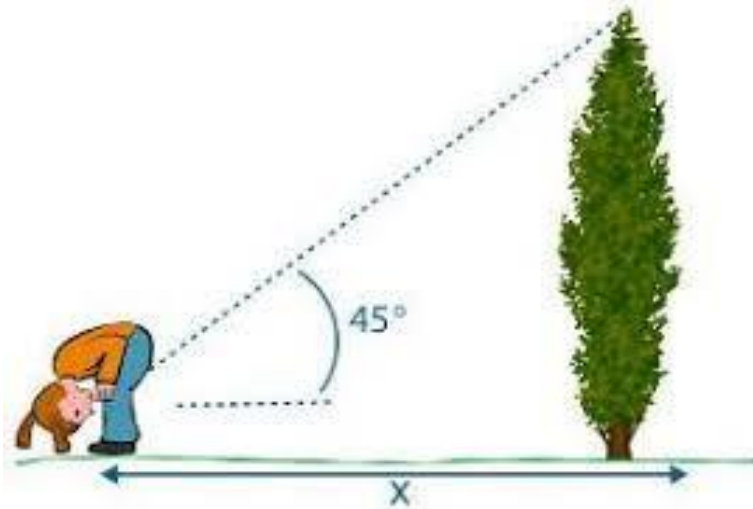
Step 4. Measure the tree - this could be using heel-to-toe, stride lengths or a trundle wheel.

Step 5. By measuring from your feet to the tree it is approximately the height of the tree.







Step 6. Record your result and find another tree and repeat!

Helpful tip: Always use the same measurements to compare your tree heights!





How it works: This method works because the angle of sight from between the legs (when you can only just see the tip of the tree) to the top of the tree is approximately 45 degrees. The angle of the tree with the ground is 90 degrees (right angle). An approximate isosceles triangle is then formed. This means that the distance between your feet and the tree trunk is approximately the same as the height of the tree!



Grow a Rainbow

<p>1. Fold a piece of kitchen paper in half, (if the paper is too long the rainbow may not connect) so a good length is 7.5 inches long, cut the paper towel if needed.</p>	
<p>2. Draw blocks of colour at the end of the paper.</p>	
<p>3. Repeat at both ends of the paper</p>	
<p>4. Fill two cups with water, approximately $\frac{3}{4}$ full.</p>	
<p>5. Lay the paper towel in the water, roughly half way up the blocks of colour, if you fully submerge the ink will not absorb through to make your rainbow</p>	
<p>6. Repeat with the other end and wait 10-15 mins and watch your rainbow grow!</p>	

Mindfulness Glitter Jar

<p>1. Clean out a glass jar or plastic bottle</p>	
<p>2. Fill the jar to the top with warm water (warm water mixes the glue better)</p>	
<p>3. Put some glitter into the water 4. Add a squeeze of PVA glue (if you can get clear glue, it works better). You can use glitter glue instead of glue and glitter separately if you wish 5. Add some food colouring to the mix if you wish (The more glue you use, the slower the glitter will fall but the cloudier the mix will be)</p>	
<p>6. Seal the lid onto the jar securely</p>	
<p>7. Shake the jar well to mix the glue and glitter, and enjoy watching it settle!</p>	